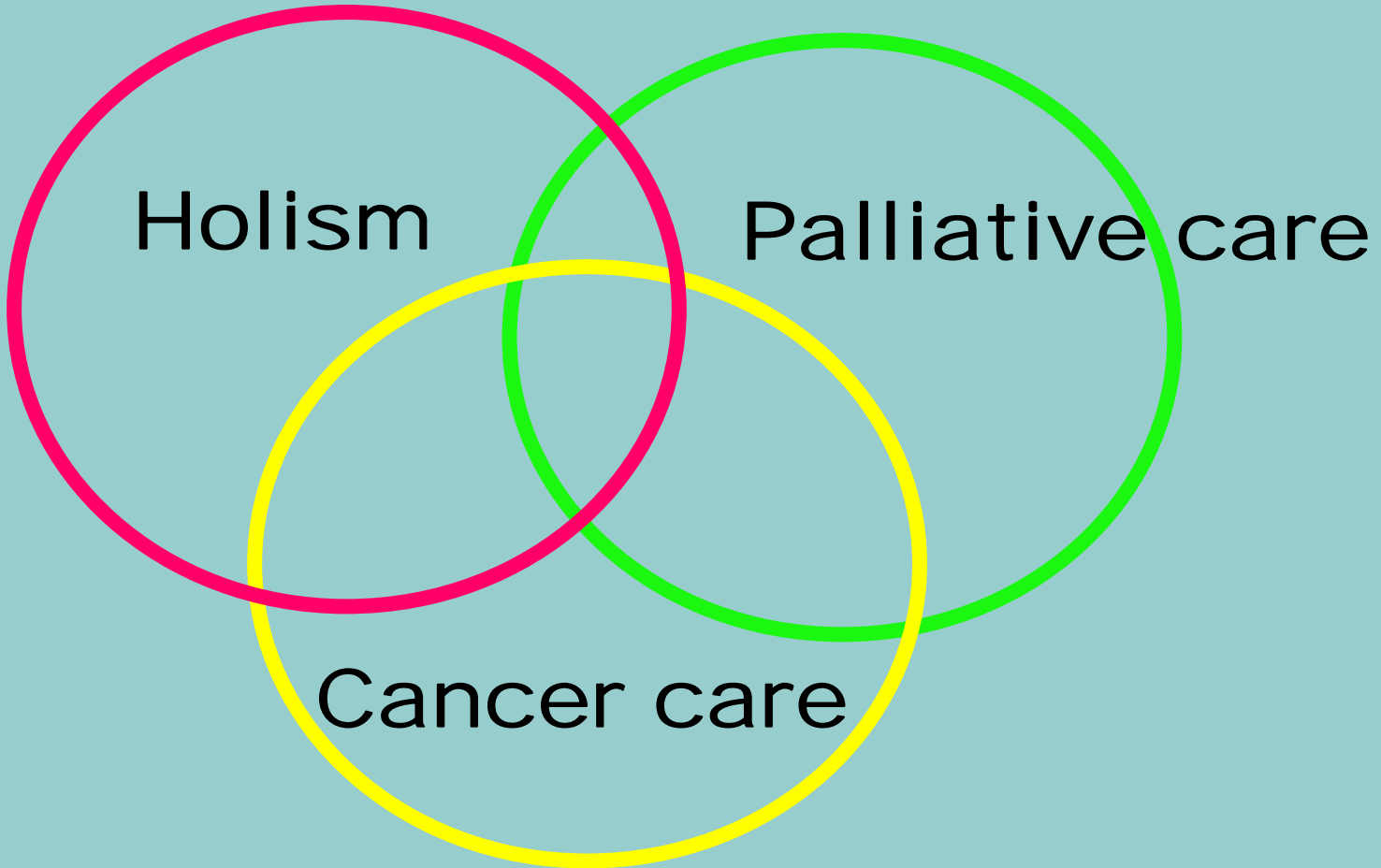


*Holistic Care for Palliative
Approach in cancer*

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Holism

Palliative care

Cancer care

Philosophy of Cancer Care

- Holistic approach
- Multidisciplinary team
- The primacy of the patient and family as decision-maker
- Education: staff members, patients and families
- Research responsibility of health care providers

Goals of Cancer Nursing

- Improve health
- Promote well-being
- Improves quality of life

Palliative Care Philosophy

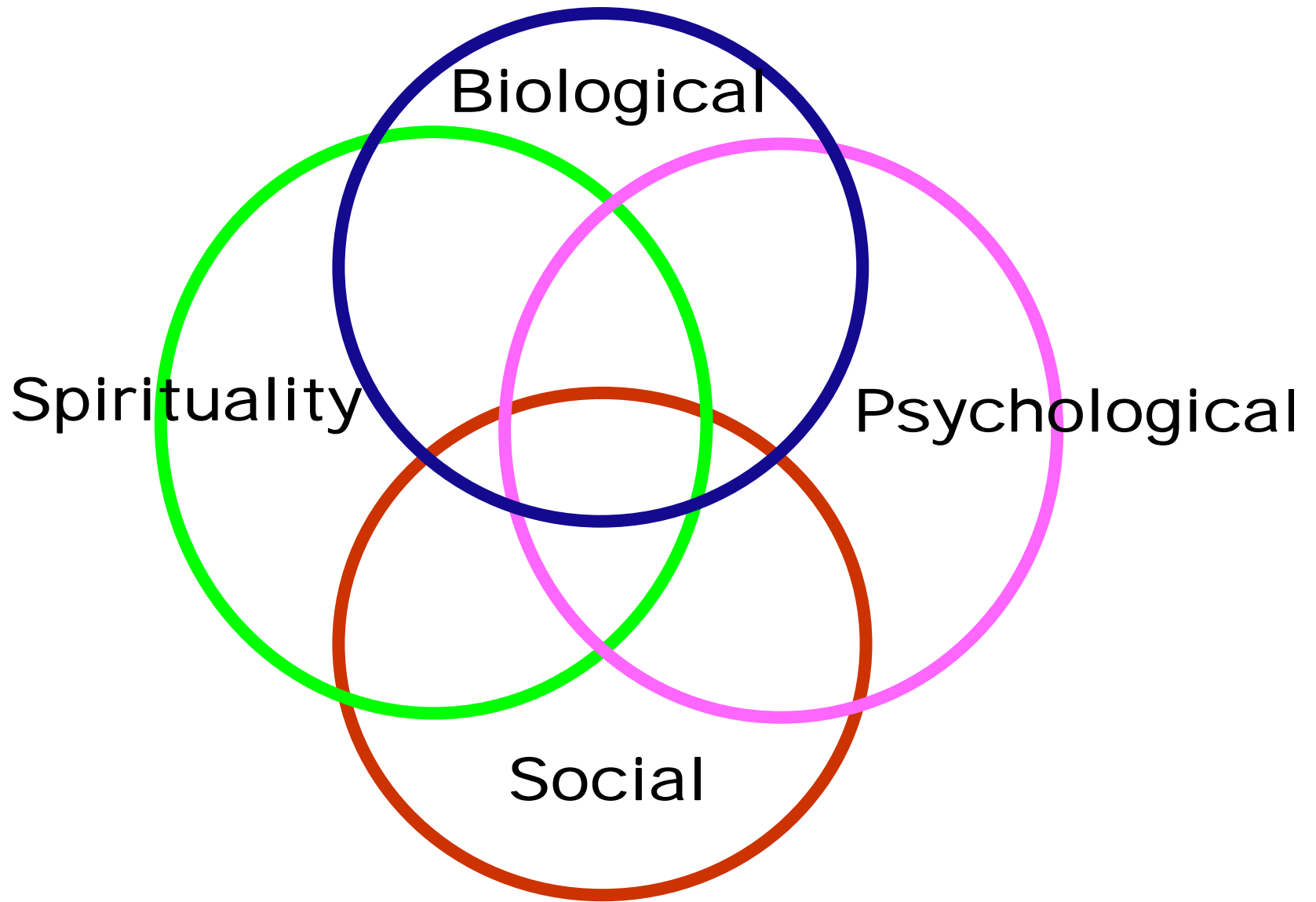
- Relief from pain and other sufferings
- Affirms life and regards dying as part of the life cycle
- Intends neither to hasten nor postpone death
- Offers a support system to the patient and family
- Uses a team approach
- Focus on quality of life

Palliative Care's Place in the Course of Illness



Holism

- Interrelationships of the bio-psycho-social-spiritual dimensions of the person
- The whole is greater than the sum of the parts
- The individual is a unitary whole in mutual process with the environment



Holistic Model

Holistic Nursing Approach

Mariano, 2007

- Focuses on human responses
- Heals the whole body and bring balance
- Using therapies and healing arts
- Assisting patients to assume personal responsibility
- Consists of assessment, intervention, and evaluation
- Seeks to understand pattern of responses

Holistic caring process

- Assessment
- Diagnosis: pattern, problem, need
- Expected outcome
- Therapeutic care plan
- Implementation
- Evaluation
- Unit of care: patient, family, community
- Settings: hospital, care facility, home

Holistic assessment

- Biological aspects: physical and functional
- Psychological aspects: mental, emotional
- Social aspects: family& friends, cultural, sexual
- Spiritual aspects: belief, strength, hope

Physical needs

- Adequate treatments
- Symptom management
- Evaluation of treatment response
- Caring



Psychological Problems

- Anxiety
- Anger
- Depression
- Hopelessness
- Ineffective coping
- Low selfesteem
- Suicide

Social needs/problems

- Role performance
- Socialization
- Relationship: family and friends
- Employment and income
- Social stigma
- Financial issue
- Health benefits
- Caregiving

Spiritual needs

- Searching for meaning
- Need for love
- Ritual religious
- Connect to God

Holistic communication

- Authentic
- Caring
- Compassionate
- Sincere

“Listening with the heart and not just the ears”

Therapeutic environment

- Values holism, caring social support, and integration of CAM approach
- Creates environment where individuals feel connected, support, and respect
- Nurse as the “ healing environment” and instrument of healing
- Physical environment
- Relationship-focused environment

Culture Care

- Seeks to understand person's concept of illness, disease, and treatment
- Honors the individual's understanding
- Articulates their own cultures, values, beliefs, and health practice
- Removes the political and financial barriers to the care

Cultural issues in palliative care

- Belief about death and dying
- Expectations, Hope, Value, Priority
- Opinions about discussing bad news:
 - Harmful to the patient
 - Disrespectful
 - Impolite
 - Bad things will happen follows the words

Discussion

